The Primordial Buddha, Vajradhara, which is our own intrinsic wisdom nature.

Lord Buddha Shakyamuni

Nagarjuna

Guru Rimpoche (Padmasambhava) with his consort Yeshe Tsogyal who was the first Tibetan Lama

Lord Maitripa

Mahasiddha Virupa

Wisdom Dakini Sukhasiddhi

Tilopa

Naropa

Marpa

Venerable Milarepa

Rainbow Body Niguma

Khyungpo Nalior

Machig Labdrön

Glorious Gampopa

Mochakpa

Mahasiddha Kyergangpa

Sange Nyentonpa

Thrangu Rinpoche

Tai Situ Rinpoche

Karma Norbu Lodro Thaye

The Omniscient Karmapa

Bokar Rinpoche

Kalu Yangsi Rimpoche

Lama Tenzin

Lama Karma Rinchen

Lama Tashi Dundrup

We supplicate to this direct lineage of lamas, to the Kagyu Masters, so that this profound path of Mahamudra will be easy to follow. We follow your lineage, so grant me your blessings so that I may achieve in this lifetime perfect liberation.

Revulsion and voidness are the foot of meditation. To the meditator who is not attached to food or wealth, who cuts all ties to this life, grant your blessings so that I have no desire for honour or gain.

Devotion is the head of meditation, and it is taught that the lama opens the gates to the treasury of oral instructions.

To this meditator who continually supplicates the lama and follows his instruction, grant your blessings so that genuine devotion is born in me.

Awareness is the body of meditation, as is taught. Whatever arises is fresh. This intrinsic awareness is the the essence of realization. To this meditator who rests simply without altering it, grant you blessings so that all meditation and contemplation practice is free from conceptual involvement.

The essence of thought is Dharmakaya, the all-pervasive nature. And it is taught that it is nothing whatsoever, but everything arises from it. To the meditator who arises in the unceasing play of mind, grant your blessings that I may realize the inseparability of samsara and nirvana.

You who embody the gross and subtle channels, all the dakas and dakinis, all the Root and Lineage Lamas, as well as the Three Jewels, Karmapa, Kalu Yangste Rimpoche, and Lama Tashi Dundrup and many other lamas we implore you to bestow upon us the wisdom of bliss and emptiness.

Through all my births may I not be separated from the perfect lama and so enjoy the splendour of the dharma. Perfecting the paths and bhumis, may I speedily attain the state of Vajradhara, our own true nature.

